BREAKFAST AT PENCUBITT

Please help yourself to Cereal, Fresh Fruit, Yoghurt and Seeds,
And Fruit Juices from our buffet table…

Hot Choices…all cooked to order

'The Full Cornish'…local Cornish sausage, 2 bacon rashers, mushrooms & fresh tomatoes with your choice of fried, poached or scrambled eggs

Optional Extras: baked beans, fried bread, hash browns, plum tomatoes.
*we always have vegetarian and gluten free sausages available

Triple Egg Omelette
With your choice of fillings from: cheddar cheese, ham, tomato, mushroom, onion

Simply On Toast
toasted malted bloomer bread topped with your choice of:
fried, poached or scrambled eggs…and/or baked beans

Smoked Salmon with Creamy Scrambled Eggs
on toasted malted bloomer bread

Bloomer Bacon Sandwich
Rashers of bacon between 2 slices of thick cut malted bloomer bread

Traditional Porridge
Traditional Scottish oats cooked naturally with milk,
served with either local runny honey, brown sugar or double cream

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Oak Smoked Kipper
lightly grilled, served natural with grilled tomatoes and fresh lemon
(please order for next day, may be available same day, please ask)

Smoked Haddock & Poached Eggs
Served with grilled tomatoes and a wedge of lemon
(please order for next day, may be available same day, please ask)

BREAKFAST AT PENCUBITT

Our Eggs Are From Free Range Chickens
that live free at Higher Tredis Farm at Torpoint

Cornish Sausages and Local Bacon
From Paul Bray and Son, a local family run butcher
at Tideford

Fruit and Vegetables
From Local Suppliers in and around Liskeard

Our Jams & Preserves
From 'The Cherry Tree Preserves' near Polperro

Cornish Honey
From a local supplier near Liskeard

Monday – Friday
8.00am – 9.00am

Saturday, Sunday & Bank Holidays
8.30am – 9.30am

ALLERGENS ADVICE
some of our food items may contain gluten, peanuts, nuts, milk, soya, mustard, Lupin, eggs, fish, crustaceans, molluscs, sesame seeds, celery, sulphur dioxide.
Please ask us if you are concerned about your allergy.